

**Southern Sprint for Wellness  
Winners**

**Females**

**Overall Winner:** Kathy Wiegand

**Time:** 19:19

**Masters Winner:** Lisa Ashford

**Time:** 24:03

<b>Age Group</b>	<b>Place</b>	<b>Name</b>	<b>Time</b>
<b>70-74</b>	1		
	2		
	3		
<b>65-69</b>	1		
	2		
	3		
<b>60-64</b>	1	Brenda Cooter	27:34:00
	2		
	3		
<b>55-59</b>	1	Ann Speigh	37:42:00
	2		
	3		
<b>50-54</b>	1	Kathy Shaw	39:30:00
	2		
	3		
<b>45-49</b>	1	Paula Morrow	36:43:00
	2	Lisa Fernindand	34:44:00
	3		
<b>40-44</b>	1	Kay Danilowicz	27:57:00
	2	Ellen Emerson	29:59:00
	3	Deborah Kittrell-M	36:19:00
<b>35-39</b>	1	Beth Lane	28:47:00
	2	Theresa Procter	27:46:00
	3	Lisa Goldstein	27:57:00

**30-34**

1	Margaret Van Ho	26:38:00
2	Michele Taylor	33:31:00
3	Consuela Pender	33:52:00

**25-29**

1	Danielle Keplinge	20:28
2	Cheryl Cutting	25:28:00
3	Erin Horst	44:00:00

**20-24**

1	Annie Corobine	23:27
2	Anna Champion	24:08:00
3	Dixie Brown	24:27:00

**15-19**

1	Jessica Fuller	21:46
2	Molly Maddox	22:59
3	Georgie Abel	22:44

**11--14**

1	K. Ali Davis	22:39
2	Ashley Abell	27:01:00
3	Alyssa Sanders	27:52:00

**10 & Under**

- 1
- 2
- 3

**Southern Sprint for Wellness  
Winners**

**Males**

**Overall Winner:** Pat O'Brien  
**Time:** 18:16

**Masters Winner:** Thomas Buckhoff  
**Time:** 19:48

<b>Age Group</b>	<b>Place</b>	<b>Name</b>	<b>Time</b>
<b>70-74</b>	1	Jacob Cooter	26:43:00
	2	Andy Edward	27:14:00
	3	Harry Katzen	31:15:00
<b>65-69</b>	1	Hugh Wilson	22:59
	2	Dave Renton	24:03:00
	3	Michael Manuel	28:36:00
60-64	1	Chuck Speight	23:40
	2	Hoke Brunson	25:00:00
	3		
55-59	1	Ray Miller	31:14:00
	2		
	3		
50-54	1	Rob Shyder	21:52
	2	Toby Davis	23:59
	3	Eddie Shelton	27:15:00
45-49	1	Wayne Boadhead	20:47
	2	Randy Brannen	21:07
	3	Greg Michalski	25:02:00
40-44	1	Keith Griffis	21:23
	2	Robert Wagner	22:06
	3	Tim Pevey	22:59
35-39	1	Don Borowski	22:03
	2	Joel Landing	22:41
	3	Charlie Collins	22:53
30-34			

	1	Damian Malleod	22:42
	2	Lee Hyer	25:04:00
	3		
25-29			
	1	Wilson Koech	18:43
	2	Ryan Gries	21:17
	3	Matt Horst	44:01:00
20-24			
	1	Sean Payne	18:56
	2	Langston Hines	19:40
	3	Josh Nowicki	20:40
15-19			
	1	Jeffrey Hollis	21:09
	2	Kenneth Taylor	21:27
	3	Ben Broadhead	21:32
11--14			
	1	Tyler Taylor	23:31
	2	Josh Collins	25:36:00
	3	Daniel Broadhead	25:52:00
10 & Under			
	1	Mark Brannen	30:21:00
	2		
	3		